

Unit 5 Test Bank

Multiple Choice

- _____ 1. Which of the following accurately describes meditation?
- a. uses words in conversation with God
 - b. not a Catholic or Christian practice
 - c. uses your thoughts, imagination, emotions, and desires to ponder God's presence and activity in your life and in the world
 - d. doxologies like the Gloria and the "Glory Be" are examples, giving God glory not for what he does, but simply because he is
- _____ 2. What are the three major expressions of prayer in the Catholic Tradition?
- a. the Triduum
 - b. vocal prayer, meditation, and contemplation
 - c. adoration, petition, thanksgiving
 - d. yoga, meditation, artistic prayer
- _____ 3. Which of the following describes a step in Ignatian Gospel meditation?
- a. memorizing a passage in the Psalms
 - b. all you have to do is remember that you are in the holy presence of God and open your heart to him
 - c. read the passage through once, paying special attention to the characters and the concrete details
 - d. praying the Rosary
- _____ 4. When used at the beginning of a teaching, as Jesus uses it, this Hebrew word adds authority to what follows.
- a. Kyrie
 - b. Amen
 - c. Hallel
 - d. Halal
- _____ 5. Which kind of prayer is described as simply dwelling and resting in God's love?
- a. contemplation
 - b. Ignatian Gospel meditation
 - c. rote prayer
 - d. vocal prayer



- _____ 6. What was Saint Ignatius's profession before his conversion?
- a. artist
 - b. baker
 - c. horse trainer
 - d. soldier
- _____ 7. At which liturgy do we remember the empty tomb?
- a. Holy Thursday
 - b. Good Friday
 - c. Palm Sunday
 - d. Easter Vigil
- _____ 8. What does the extended Liturgy of the Word at the Easter Vigil help us recall?
- a. Christian anthropology
 - b. salvation history
 - c. Christ's Passion and death
 - d. the darkness of sin
- _____ 9. The Mass of the Lord's Supper is the name for which celebration?
- a. the Feast of Pentecost
 - b. the Feast of Easter
 - c. Easter Vigil
 - d. Holy Thursday
- _____ 10. "To be set apart for God's service" describes which of the following?
- a. a charism
 - b. holiness
 - c. asceticism
 - d. mysticism

True or False

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| T | F | 1. A <u>charism</u> is a special grace of the Holy Spirit given to an individual Christian or community, for the benefit and building up of the entire Church. | _____ |
| T | F | 2. To reveal God's love to the world through acts of loving service is a characteristic of <u>holiness</u> . | _____ |
| T | F | 3. Teresa of Ávila is also called " <u>the Pearl of York</u> ." | _____ |
| T | F | 4. Memorized prayer is the first way most people learn to pray <u>vocally</u> . | _____ |



Essay

- A. Explain why human beings are called to holiness and what role we play in becoming holy.
- B. Name two of the mystics described in this unit and describe their mystical experience.

